

# Are you addicted\* to Facebook?

Do you spend hours on Facebook? Could you live without it? Do this test and find out.

**1. Facebook is ...**

- 🍏 A book about faces
- @ An American TV series
- A social networking\* site



**2. How many hours a week do you spend on Facebook?**

- More than three hours
- @ Two to three hours
- 🍏 One to two hours



**3. How many groups do you belong\* to?**

- 🍏 None\*
- More than 30
- @ Five to ten groups



**4. Do you add\* people you don't know just to have more friends?**

- @ Sometimes\*
- 🍏 No
- Yes, all the time



**5. Do you update\* your status every day?**

- Yes. Every day
- 🍏 No. I never update it
- @ I update it every week



**6. Is facebook.com your homepage?**

- 🍏 No
- @ Not\* yet, but that's a good idea!
- Yes it is



**7. If you meet a new person do you go home and look at their Facebook page?**

- @ Sometimes
- Always
- 🍏 No



**8. How many friends do you have on Facebook?**

- 🍏 0 to 30
- @ 50 to 100
- More than 200



**9. Does your pet\* have a Facebook page?!**

- @ No. It can't use a computer
- Of\* course it does!
- 🍏 I don't have a pet



**10. Have you told a friend to start using Facebook?**

- Yes, lots of friends!
- 🍏 No
- @ I might\* do



**Help!**

<b>add:</b> ajouter	<b>none:</b> aucun
<b>addicted:</b> accro	<b>not yet:</b> pas encore
<b>belong:</b> faire partie de	<b>of course:</b> bien sûr
<b>careful</b> (to be ...):	<b>pet:</b> animal domestique
<b>face to face:</b> en tête à tête	<b>rather than:</b> plutôt que
<b>might:</b> pourrais	<b>sensible:</b> raisonnable
<b>network(ing):</b> réseau	<b>sometimes:</b> parfois
	<b>update:</b> mettre à jour

A majority of ■'s  
You're addicted\* to Facebook  
You spend too much time on Facebook.  
You speak to your friends more on  
Facebook than you do face\* to face!  
Don't spend too much time on the site  
or you will lose your real friends.

A majority of @'s  
You're sensible\*  
You like using Facebook but you know  
when to stop. That gives you the time  
to do other things. You understand that  
too much time on Facebook is not good.  
It is important to have other hobbies.

A majority of 🍏's  
You're not addicted\*  
You like Facebook but you do not use it  
very much. You prefer to speak to your  
friends in person rather\* than on  
Facebook. You are careful\* who you  
accept as your friend on the site.

**YOUR PROFILE**